



# MARCH 2019

27	28	29	30	31	Friday 01	2
	11AM Yoga w/ Crystal 1:30PM Farmers' Market 2PM Qigong 3PM New Member Orientation	10AM Computer Tutoring w/ Haley 10:30AM-Wellness Discussion 11AM Yoga w/ George 3:30PM Systems and Tracking	11AM Computer Training w/ Karalee 2:30PM Yoga w/ Eileen 3:30PM Employment Meeting	2PM Yoga w/ Crystal 2:30PM Menu Planning 3:30PM Clubhouse Ambassador Training 5-8PM	10:30AM QiGong 11AM Meditation	
3	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8	9
	11AM Yoga w/ Crystal 1:30PM Farmers' Market 2PM Qigong 3PM New Member Orientation	9AM Marketing Meeting 10AM Green Team Meeting 11AM Yoga 2:30PM ACTV Meeting 3:30PM Systems and Tracking	11AM Computer Training w/ Karalee 2:30PM Yoga w/ Eileen 3:30PM Employment Meeting	10AM Poetry as a Tool for Recovery 2PM Yoga w/ Crystal 2:30PM Menu Planning 3:30PM Ambassador Training 5-8PM Bingo	10:30AM QiGong 11AM Meditation	Dart Bowl Social! 1-3pm
10	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15	16
	11AM Yoga w/ Crystal 1:30PM Farmers' Market 2PM Qigong 3PM New Member Orientation	9AM Marketing Meeting 10AM-12PM Blood Pressure & Blood Sugar Screenings w/Sharon Skaggs, RN 10AM Wellness Discussion 11AM Yoga 2:30PM ACTV Meeting 3:30PM Systems and Tracking	11AM Computer Training w/ Karalee 2:30PM Yoga w/ Eileen 3:30PM Employment Meeting	10AM Poetry as a Tool for Recovery 2PM Yoga w/ Crystal 2:30PM Menu Planning 3:30PM Ambassador Training 5-8PM Painting	10:30AM QiGong 11AM Meditation	
17	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22	23
	11AM Yoga w/ Crystal 1:30PM Farmers' Market 2PM Qigong 3PM New Member Orientation	9AM Marketing Meeting 10AM Wellness Discussion 11AM Yoga 2PM Socials Event Planning 3:30PM Systems and Tracking	9AM Employment Committee Meeting 11AM Computer Training w/ Karalee 2:30PM Yoga w/ Eileen 3:30PM Employment Meeting	10AM Poetry as a Tool for Recovery 2PM Yoga w/ Crystal 2:30PM Menu Planning 3:30PM Ambassador Training 5-8PM Carnival Games	10:30AM QiGong 11AM Meditation	
24	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29	30
	11AM Yoga w/ Crystal 1:30PM Farmers' Market 2PM Qigong 3PM New Member Orientation	9AM Marketing Meeting 10AM Wellness Discussion 11AM Yoga 2PM House Meeting 3:30PM Systems and Tracking	11AM Computer Training w/ Karalee 1:30PM B&A Unit Planning 2:30PM Yoga w/ Eileen 3:30PM Employment Meeting	9AM Safety Committee 10AM Poetry as a Tool for Recovery 1:30PM K&W Unit Planning 2PM Yoga w/ Ruth 2:30PM Menu Planning 3:30PM Clubhouse Ambassador Training 5-8PM Card Games	10:30AM QiGong 11AM Meditation	

**Address**  
610 E. 45th Street  
Austin, TX 78751  
\*Inside Hyde Park Christian Church\*

**Telephone**  
512-925-5877

**DAILY SCHEDULE:**

- 9AM: Opening Duties
- 9:30AM: Community Meeting
- 9:45AM: Unit Meetings
- 10-12PM: Unit Work
- 12PM: Lunch
- 1PM: Community Meeting
- 1:15PM: Unit Meetings
- 1:30PM: Wellness Walk
- 1:30-4:30: Unit Work
- 4:30-5PM: Closing Duties

**Daily Support Times**  
11:00AM and 3:00PM

**Daily Tours**  
11:00AM

- Announcement!**  
**New Lunch Service**
- Sign-up *in person* by 11:45am
  - No need to call in advance
  - Please be present in dining area by 12:00pm
  - Seconds available at 12:30pm
  - Plates will no longer be saved